

Pumpkin Soup

This recipe is courtesy of my Mum.

Serves 6

1 ½ pounds (700 grams) pumpkin, washed and diced
½ onion, diced
2 garlic cloves, minced
2 tablespoons chive, chopped
1 tablespoon thyme, chopped
1 tablespoon parsley, chopped
1 tablespoon Spanish thyme, chopped
½ inch (1 cm) long piece of ginger, finely minced or grated
Salt and black pepper to taste
Evaporated or plant-based milk for garnish

Cover diced pumpkin just barely with water. Add all other ingredients. Cover tightly and bring to the boil. Simmer for 15 minutes. Cool slightly then blend with either an immersion blender or conventional blender.

To serve, top with a swirl of milk.

